

DAILY GRATITUDE

/ /

TODAY I'M FEELING

POSITIVE AFFIRMATIONS

TODAY I'M GRATEFUL FOR

- 1
- 2
- 3

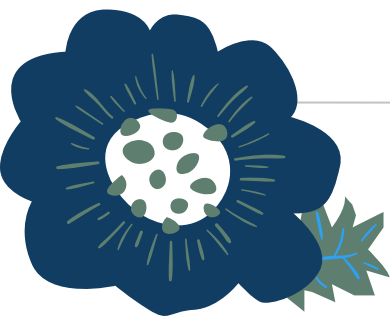
SOMETHING I'M PROUD OF

MORE OF THIS:

LESS OF THIS:

MY FAVORITE MOMENT FROM TODAY

TOMORROW I LOOK FORWARD TO



ICARUS
BEHAVIORAL HEALTH

